

# All About Social Security: SSI and SSDI Notices of Overpayments



The following information is for people who got a Notice of Overpayment from the Social Security Administration (SSA).

The information is from a website called [Learn the Law.org](http://LearntheLaw.org) that is information put together by Statewide Legal Services, CTLawHelp.org and Center for Computer-Assisted Learning (CALI) to help people with common legal aid problems.



A Notice of Overpayment is a letter that says you owe Social Security money. The notice may say that Social Security is going to take some of your SSI check to repay what you owe.

## **SSI Overpayment**

If the Notice of Overpayment is about an SSDI overpayment, you should look at the [SSDI Overpayments section](#) below because the rules are different.

This page tells you what to do if you get SSI, Social Security sent you a Notice of Overpayment, and

- you think something on the Notice of Overpayment is wrong, or
- you can't afford to pay back the money.

It is very important that you do NOT ignore the notices. If you think there is a mistake, contact Social Security and ask for an appeal form right away.

## **Steps you'll need to take**

The following links will answer common questions you may have about what to do if you get a notice. The links will take you to another website that will answer your question.

[What can cause an overpayment?](#)

[Social Security says I have unreported income. What does that mean?](#)

[What can I do if there is an overpayment?](#)

[What if I got a termination notice?](#)

[How to ask for reconsideration](#)

[If your request for reconsideration is denied](#)

[How to ask for a waiver](#)

[If your waiver request is denied](#)

[If you are denied both reconsideration and a waiver](#)

## **SSDI Overpayment**

If the Notice of Overpayment is about a Supplemental Security Income (SSI) overpayment, you should look at the [SSI Overpayment section](#) above because the rules are different.

The following links will answer common questions you may have about what to do if you get a notice. The links will take you to another website that will answer your question.

This information tells you what to do if you get SSDI and Social Security sent you a Notice of Overpayment and

- you don't agree with something in the Notice of Overpayment, or
- you can't afford to pay back the money.

It is very important that you do not ignore the notice. If you think there is a mistake, contact Social Security and ask for an appeal form right away.

## **Steps you'll need to take**

[What can cause an overpayment?](#)

[Social Security says I have unreported income. What does that mean?](#)

[What can I do if there is an overpayment?](#)

[What if I got a termination notice?](#)

[How to ask for reconsideration](#)

[If your request for reconsideration is denied](#)

[How to ask for a waiver](#)

[If your waiver request is denied](#)

[If you are denied both reconsideration and a waiver](#)

## **What should I do next?**

Because overpayment law is complicated and appeals can be confusing, it is best to talk with a lawyer as early as you can.

If you live in Kansas and have very low income, call the toll-free application line for KLS services, **316-267-39753**, or [apply for help online](#).

If you live in another state, you can look for legal aid in your state [here](#).

Last updated on May 02, 2024.

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