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## Estate Planning

Your estate consists of everything you own: your home, personal property, car, land, stocks and bonds, life insurance and any other property in which you have an ownership interest. Estate planning is a plan for how you will acquire property, use it, conserve it and, perhaps most importantly, how it will be transferred upon your death. There is no way to determine your wishes regarding distribution of your property after your death unless you take appropriate steps prior to your death. Estate planning can be beneficial no matter what the size of the estate.

You can find information on Estate Planning on page 55 of the [Resource Guide for Seniors](#) from the Kansas Department for Aging and Disabilities.

The Aging and Disability Resource Guide is attached below.

Last updated on September 03, 2025.

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