

Civil Legal Aid 101: What is legal aid and how can it help me?

What is Civil Legal Aid?

Civil Legal Aid is free legal assistance to low- and middle-income people who have civil legal problems. These problems are non-criminal. That means that civil legal aid helps people get basic needs met such as health care, housing, government benefits, employment, and educational services.

How can Civil Legal Aid help me and my family?

The types of legal help you can get through civil legal aid programs (like Kansas Legal Services) include:

- **Meeting basic needs** including government benefits and disaster services (SNAP, School Lunch Program, SCHIP, TANF, SSI, disability, veterans, FEMA); housing (loans to repair, foreclosure, eviction, unsafe housing, subsidized housing benefits); and health care (Medicaid, Medicare, Affordable Care Act).
- **Making sure you and your family are safe and stable** which includes individual safety (domestic violence, stalking or other harassment, elder abuse, child abuse and neglect); family law (child support, adoption, guardianship, divorce); and keeping children and youth in school (student discipline hearings, accommodations).
- **Supporting individuals' security** including jobs (the right payment for work performed, safe working conditions, securing drivers/professional licenses, accommodations for people with disabilities); taxes (filing and getting low-income tax credits); and consumer protection (consumer fraud and scams, predatory lending, unfair debt collection practices and managing debt).

What type of services does Civil Legal Aid provide?

Civil Legal Aid refers to both free legal advocacy and legal information for low- and middle-income people to help solve the civil legal problems they may face.

This aid can take many forms, including:

- **Direct services** by legal aid attorneys and pro bono volunteers such as legal representation in court, and legal advice to help identify legal issues and possible solutions.
- **Finding solutions** to problems faced by a large number of people. This may take looking at deep-seated problems and gathering information to figure out how to solve the problems.
- **Self-help and community education** for people through workshops, telephone help lines, medical/legal partnerships, online information and chat tools, and downloadable court forms. These things help people

understand their rights and responsibilities, when legal aid may be needed and where to find it, and get assistance with self-representation when necessary.

Last updated on July 15, 2025.

Topics

[Legal Questions and Answers](#)

Tags

[legal aid free legal services](#)

Print

Table of Contents

NEWS

News & publications

[More News](#)

jobs

March 9, 2026

Job Opportunities at Kansas Legal Services

ATTORNEY - PITTSBURG Kansas Legal Services - Pittsburg seeks a Kansas-licensed,...

[Read More about Job Opportunities at Kansas Legal Services](#)

options for medical debt

February 23, 2026

Charity Care: A Guide to Relief of Medical Debt

Kansas Legal Services offers you some guidance if you have medical debt...

[Read More about Charity Care: A Guide to Relief of Medical Debt](#)

KLS great nonprofit

September 1, 2025

Recognized as a Top Nonprofit on GreatNonprofits

At Kansas Legal Services, our mission has always been clear: to provide equal...

[Read More about Recognized as a Top Nonprofit on GreatNonprofits](#)

Our Partners

LSC's support for this website is limited to those activities that are consistent with LSC restrictions.

LSC
United
bigger
Kansas

PDF downloaded from <https://www.kansaslegalservices.org/node/1963/civil-legal-aid-101-what-legal-aid-and-how-can-it-help-me>