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# Self-Help Information - Pro Se

[This information is prepared by the Federal District Court for Kansas](#) but contains very useful information if you intend on filing a case in any court without an attorney.

Last updated on May 17, 2024.

[Legal Self-Help](#)

Files

[Pro Se Guide Revisions 2023 \(002\).pdf](#)

Print

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NEWS

News & publications

The news about recent activities for needed peoples.

[More News](#)

5 Sep 2025

STEP 1: ASK FOR THE FINANCIAL ASSISTANCE POLICY (FAP)

- FAP explains
  - Who qualifies
  - What help is available
  - How to apply
- Hospital MUST give FAP information to you for free

Pause (X) **in't wait** — ask as soon as you get a bill



## Charity Care: A Guide to Relief of Medical Debt

Kansas Legal Services offers you some guidance if you have medical debt...

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1 Sep 2025



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LSC's support for this website is limited to those activities that are consistent with LSC restrictions.



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