

# Self-Help Information - Pro Se

[This information is prepared by the Federal District Court for Kansas](#) but contains very useful information if you intend on filing a case in any court without an attorney.

Last updated on May 17, 2024.

## Topics

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[Pro Se Guide Revisions 2023 \(002\).pdf](#)

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The Greater Salina Community Foundation's Match Madness was on March 12th.&nbsp;...

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The infographic is split into two parts. On the left, a light blue box contains text: 'STEP I: ASK FOR THE FINANCIAL ASSISTANCE POLICY (FAP)' followed by a bulleted list: 'FAP explains' (with sub-points: 'Who qualifies', 'What help is available', 'How to apply') and 'Hospital MUST give FAP information to you for free'. Below this is a dark grey box with the text 'Don't wait — ask as soon as you get a bill'. On the right, a photograph shows a person with red hair in a wheelchair sitting at a desk, talking to a woman behind a counter in a hospital setting.

February 23, 2026

## Charity Care: A Guide to Relief of Medical Debt

Kansas Legal Services offers you some guidance if you have medical debt...

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